



3<sup>™</sup> INTERNATIONAL Instructional technologies In Engineering Education Symposium

Better & Effective Nursing Education For Improving Transcultural Nursing Skills (BENEFITS)

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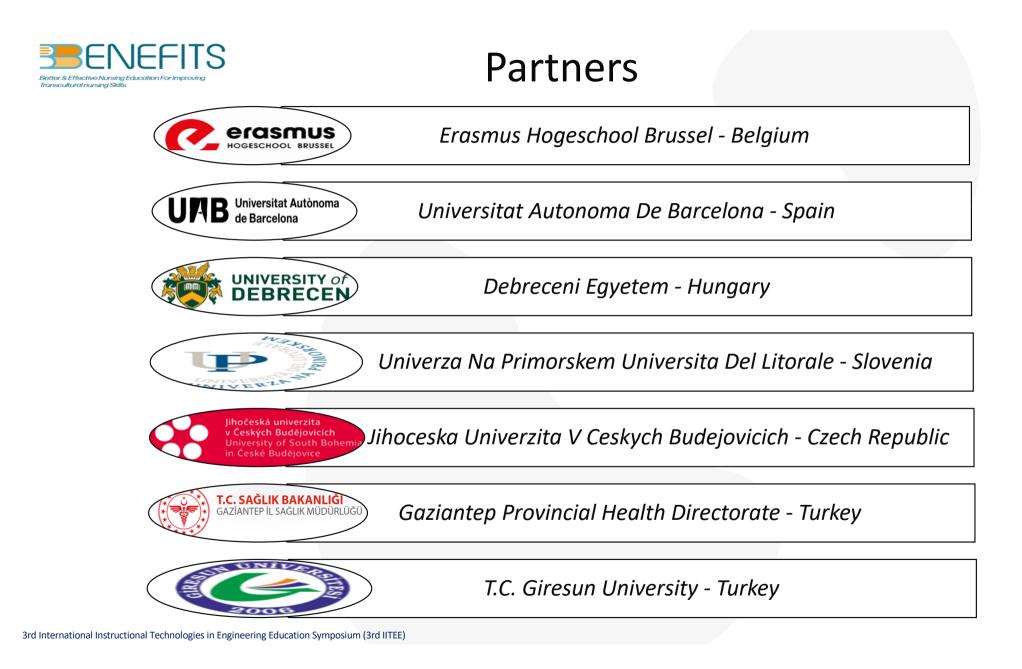
# **BENEFITS**

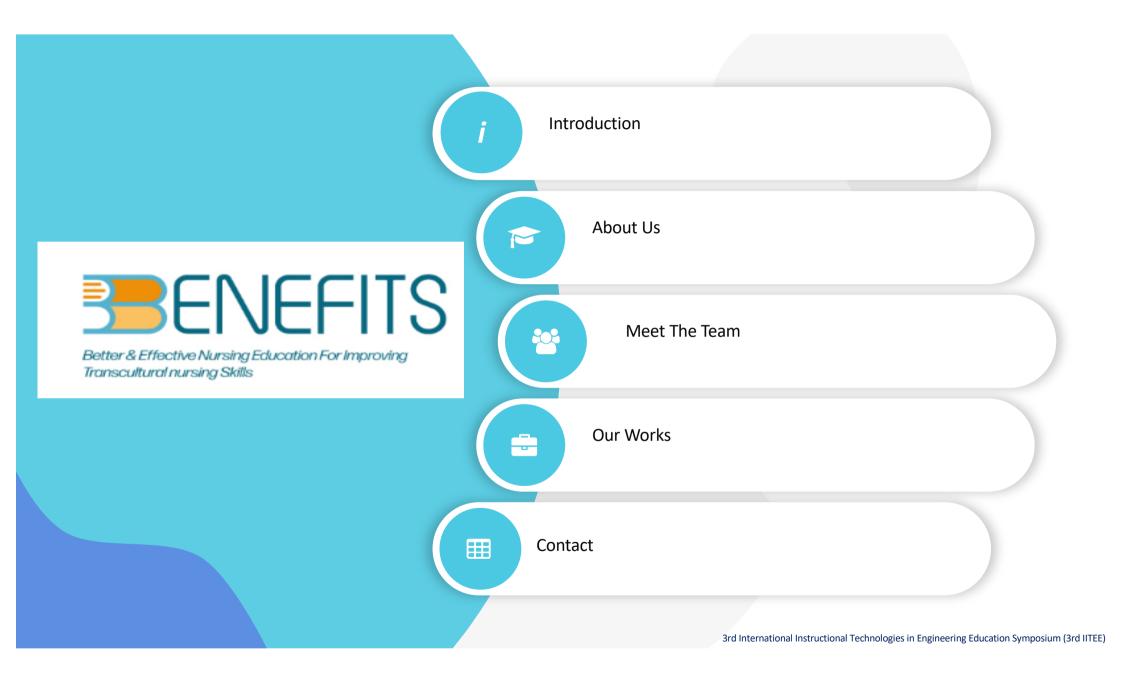
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Better & Effective Nursing Education For Improving Transcultural nursing Skills

ÜRKİYE ULUSAL AJANS TURKISH NATIONAL AGENCY

#### Better & Effective Nursing Education For Improving Transcultural Nursing Skills (BENEFITS)







As a consequence of the mobility of the global population, individuals, families, and groups from different cultures have formed a multicultural population structure (Ray, 2016). In addition, the concept of medical tourism has emerged with enhancements in globalization, collaboration of countries, opportunities in global travel costs and travel freedom, development of the quality of medical services, and problems in medical financing at the individual or institutional level (Rokni and Yun, 2017; Sayım, 2017).





Nurses must be prepared to recognize patients' needs that derive from culture.

Transcultural nursing (TN) is an emerging area focusing on providing culturally competent care to all patients and families with maximum respect to cultural values, beliefs and different lifestyles.

Nurses should not neglect these features while providing care.



Transcultural nursing focuses on comparative cultural care, health, and disease patterns in terms of differences in cultural beliefs, values, and lifestyles to provide culturally compatible, competent and compassionate care (Leininger, 1991). Transcultural nursing education is closely linked to the belief that nursing should provide individualized, high-quality, appropriate care to all individuals





*In nursing education, TN approach is not well known in countries such as Turkey.* 

Nurses suffer from lack of knowledge on TN and precise skills needed in their actual practice.

*These difficulties may derive from insufficient and obsolete nursing syllabus.* 



## About Us

This project focuses on nursing academic experts who work actively on transcultural care and transcultural nursing and students following a bachelor's degree in nursing.

This transnational partnership will work on developing the most up-to-date and evidence-based curricula on transcultural nursing skills as a result of this global collaboration.

Students will be able to observe, compare and implement the methods favoured by partner countries. Subsequently they will be able to acquire cultural knowledge and skills in the TN context and develop their own abilities.

The BENEFITS project is carried out in a transnational manner in order to close an existing gap. We will create a core curriculum and supporting publications on this innovative approach to create awareness, support learning and ultimately have a positive impact in each of the countries' healthcare evolving practices.



M1 Kick Off Meeting- HKU, Istanbul, Turkey, December 2019

M2 1st Meeting on Drafting The BENEFITS Training Curriculum And Experience Sharing-USB, Czech Republic, February 2020

**M3** 2nd Meeting On Drafting The BENEFITS Training Curriculum and Experience Sharing-UAB, Spain- October 2020 ONLINE !

M4 3rd Meeting On Drafting The BENEFITS Training Curriculum and Experience Sharing-HKU, Turkey

M5 Closing Meeting-GU, Giresun, Turkey

Multiplier Event- BENEFITS Dissemination Meeting- Gaziantep, Turkey

**Learning Teaching Training Activity**- Blended mobility of higher education students 5 days Intensive program for students -Belgium









### OUTPUTS

05	Developing the Third Draft Nursing Curriculum on Transcultural Nursing
05/A1	Forming the Scientific Background
05/A2	Developing the BENEFITS Questionnaire
O5/A3	Developing the First Draft Nursing Curriculum on Transcultural Nursing (After Meeting in Czech Republic)
O5/A4	Developing the Second Draft Nursing Curriculum on Transcultural Nursing (After Meeting In Spain)
O5/A5	Developing the Third Draft Nursing Curriculum on Transcultural Nursing (After Meeting in Turkey)
06	Effectiveness of Intensive Training Program on Transcultural Nursing
06/A1	Effectiveness of Intensive Training Program on Transcultural Nursing (PRE-TEST)
O6/A2	Effectiveness of Intensive Training Program on Transcultural Nursing (POST-TEST)
O6/A3	Transcultural Nursing Skills Class in HKU, Turkey
O6/A4	Effectiveness of Intensive Training Program on Transcultural Nursing (FINAL REPORT)
07	The preparation of the publication. "Better & Effective Nursing Education For Improving Transcultural nursing Skills",
07/A1	Decision the Chapters of the Publication
07/A2	Sharing the Chapters of the Publication
07/A3	Creation of the Final Version



A sistematic review abaout effects of transcultural nursing education

Prepared Transcultural cirriculum content (draft)

BENEFITS Tool to evaluate nursing students' cultural competence and skills

Project Quality management plan and annexes, first evaluation report was written.



The general principles of transcultural nursing education (course) which has been planned to be implemented especially in HKU/Turkey

was decided to be as follows;

- 25 hours in one semester: 8 hours theoretical and 17 hours practical,
- 3 ETCS (75 h workload for the students),

• Mandatory/elective course but BENEFITS Group strongly advice that this course must be mandatory for the nursing students,

• We could not decide which semester students (It will be optional).

The aim of the course was decided to be "To develop/promote awareness of culture based care; It is aimed that at the end of this course students will be capable of evaluating individual, family and community in a proper and evidence-based manner, and they will be competent to plan, implement and evaluate a culture based nursing care."



Learning Outputs of the course were as follows;

1. Students will be able to express awareness of self as a cultural being and of the beliefs and values of others,

2. Students will be able to demonstrate culturally sensitive knowledge of models of ethical decision making,

- 3. Students can discuss scientific underpinnings and theoretical base of transcultural nursing,
- 4. Students can explain how culture affect health and health beliefs,
- 5. Students show understanding of differences cultural groups.
- 6. Students apply transcultural nursing theory to practice and basic research
- 7. Students use communication skills according to culturally specific needs.
- 8. Students perform culturally sensitive assessment of health.



#### In summary

This project will create an evidence based curriculum for Transcultural Nursing Education. This change in the nursing education curriculum will enable students to learn these methods during their studies and to incorporate knowledge and specific skills into their practice.

Our partners will recommend the implementation of specific changes in curriculum of nursing education in their home countries.

Global stakeholders will be hence briefed on the achievements of the BENEFITS project and future recommendations will be made. We believe that not only nursing students and nurses but also patients and societies having respectful and culture sensitive care will benefit from this program.



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